



UPCOMING EVENTS

May

THE RAY HOWARD BAND - *What a FUN NIGHT! Thank you to everyone who came out we set the highest attendance at one of our concerts! Over 200 Attendees!*

LIGHT RAIL TOUR - **Saturday, May 18th** (weather permitting) An email will be sent to all registered attendees on Wednesday. We will meet at the 485/South Blvd stop with our first stop in NODA, then onto 7th Street Station. This tour is full at this time. We will have another one this coming fall. This will be a **heavy walking tour... so lace up your tennis shoes!**

Citizen CPR compression-only class - Learn how to save a life! We will discuss recognizing emergencies, rescue compressions, AED basics, and choking techniques. Ellen Bacon will present the class, **on Monday, May 20th from 6 PM** location to be determined. Please sign up on the website, **Class is limited.**

KNIGHTS BASEBALL GAME - We will attend the Knights' Baseball game on **Thursday, May 30th**. Tickets will cost \$25. Please go to the Events & Tickets page to register. Also, let us know if you can drive to the event. This will be a carpool event. **The last day to register is tomorrow, May 10th. Please make sure that you have registered and paid for your tickets.**

Please note the change in Lifestyle's email..
cwwclifestyle@cresswindwesleychapelhoa.com

WIGGIN OUT FOR CAROLINA
BREAST Friend
Whole Month of May
[Click Here for details](#)

Movie - Kingdom of the Planet of the Apes
Wednesday, May 15th
Sun Valley Movie Theatre
5:30 PM
*Register online

Light Rail Tour
Saturday, May 18th
Start point 485/South Blvd

CPR & AED Training
Monday, May 20th
6:00 PM
Location: TBD

Memorial Day
Monday, May 27th

Ernie's Smokehouse BBQ
Wednesday, May 29th
5:00 PM to 6:30

Senior Health Day
Wednesday, May 29th

Knights Baseball
Thursday, May 30th
\$25 per person
*Carpool Event

JUNE

Kolter Concert Series -
This is the 60's Band
Friday, June 7th



Ellen Kobus is beyond thrilled to announce that she is stepping into the role of a Big Wig for @cbreastfriends and Wiggin Out for Carolina Breast Friends this May! ❤️

As a Big Wig, she will be rocking a pink wig all month long to raise awareness and funds for this incredible organization. 100% of your donations will directly impact the mission of @cbreastfriends who provides vital support, resources, and a sense of community to those facing breast cancer. She is honored to be a part of their mission. 🧡

Join Ellen on this journey as we spread love, support, and hope. Together, we can make a real difference! #wigginoutforcbf #carolinabreastfriends #breastcancersupport